



## **10 and Under Tennis Message Points**

- The USTA is changing the way kids are learning the game of tennis.
- 10 and Under Tennis is an ongoing effort to encourage young people to get active and start playing the sport.
- The right-sized equipment and courts allow kids to have fun while rallying and playing the game early on, increasing the likelihood that kids will return to the court and continue to improve **all while having FUN!**
- Tennis rules for children have officially changed.
  - o The rules state that all USTA sanctioned tournaments for children will be played using 10 and Under Tennis guidelines which scale the game to size with right-sized equipment for kids: shorter courts, slower-moving and lower-bouncing balls, and lighter and shorter racquets
- For more information you can check out [www.10andundertennis.com](http://www.10andundertennis.com)

## **Free 10 and Under Membership**

- The USTA is offering a free one-year Junior membership to any new members under the age of 10 for more information check out [www.tryusta.com](http://www.tryusta.com).